# A SONG IS FOREVER FOUNDATION

**A SONG IS FOREVER FOUNDATION (ASIFF)** is a devoted charitable organization which focuses on artistic expression through music for veterans and first responders suffering from operational stress injuries.

Our mission statement reflects our values and core operations as stated:

### - Trauma Healing Through Music Therapy.

Together as a charity we are spreading a message and supplying a unique way of healing and expression.

Understanding that members are not alone is the hardest part of accepting that their condition can be managed. **ASIFF** provides a different way for members to heal through putting "pen to paper" and writing down how they feel. Upon expressing vulnerability, it can be transformed into songs with the help of professional songwriters and recording artists as **ASIFF** members learn the fundamentals of songwriting and instrument lessons.

Throughout various workshops, members will be introduced to not only methods of musical expression but also camaraderie and community

## How It Works:

Individuals and organizations interested in participating in the programs must first complete an online application form. Once the form is complete, they will be contacted by an **ASIFF** representative regarding their diagnosis and methods they have previously attempted for healing. Once the member or organization is registered with **ASIFF**, they will be paired with a professional songwriter via *Skype or FaceTime* for an initial introduction. Following the introduction meeting, the member will be given instructions by the songwriter as to what to do regarding moving forward with the song structure.

Once the song is complete, the member will have the ability to submit an application request for a professional acoustic recording of the song within their jurisdiction. When the song is complete the member will be able to submit the song to **ASIFF** for the annual "Golden Pick" award. All songs will be registered by **ASIFF** with SOCAN and ASCAP with a 50% portion of the royalties going back into the A Song is Forever Foundation.

Individuals who successfully complete workshops and show dedication to ASIFF will be considered for a custom **ASIFF** acoustic guitar bearing the members desired logo or design they wish. This is a reward for keeping an open mind through the process of recovery and participating within the programs of **ASIFF**.

## How You May Help:

Charitable funds raised for **ASIFF** are placed into the programs we offer which include:

- Songwriting Workshops
- Basic Music Theory and chord structure
- Effects of trauma healing through music therapy
- Songwriter pairing
- Professional Recording
- Annual Events / Golden Pick Award

Founder, Graham Trude, is well versed with the issues our members are dealing with, being a former member of both military and first response along with having a diagnosis of complex Post Traumatic Stress Disorder.



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